

Women 5000m Walk Under 17 and 18

SA Athletics Stadium

9/12/2022

Splits and lap times report



Name	200m	600m	1000m	1400m	1800m	2200m	2600m	3000m	3400m	3800m	4200m	4600m	5000m
Langford, Nellie	52.28 (5)		4:39.11 (1)		8:40.19 (1)		12:47.71 (1)		16:58.15 (1)		21:11.91 (1)		25:22.76 (1)
1722 SA		2:43.43 (1)	1:55.68	6:38.43 (1)	2:01.76	10:43.76 (1)	2:03.95	14:52.36 (1)	2:05.79	19:05.83 (1)	2:06.08	23:17.19 (1)	2:05.57
		1:51.15		1:59.32		2:03.57		2:04.65		2:07.68		2:05.28	
Pinches, Aiva	51.43 (1)		4:43.56 (3)		8:51.25 (3)		13:06.02 (3)		17:28.97 (3)		21:50.94 (2)		25:45.58 (2)
1183 NEW SOUTH WALES		2:44.81 (2)	1:58.75	6:46.79 (3)	2:04.46	10:57.33 (3)	2:08.69	15:17.67 (2)	2:11.30	19:40.96 (2)	2:09.98	23:55.00 (2)	1:50.58
		1:53.38		2:03.23		2:06.08		2:11.65		2:11.99		2:04.06	
Braithwaite, Daisy	52.28 (6)		4:46.44 (5)		8:57.42 (5)		13:12.38 (4)		17:30.21 (4)		21:51.18 (3)		26:04.63 (3)
1670 SA		2:46.01 (6)	2:00.43	6:51.32 (5)	2:06.10	11:04.47 (4)	2:07.91	15:21.45 (4)	2:08.76	19:41.62 (4)	2:09.56	23:58.47 (3)	2:06.16
		1:53.73		2:04.88		2:07.05		2:09.07		2:11.41		2:07.29	
Roberts, Darcey	52.59 (8)		4:39.66 (2)		8:48.83 (2)		13:05.97 (2)		17:28.63 (2)		21:55.45 (4)		26:26.54 (4)
1036 AUSTRALIAN CAPIT		2:45.16 (3)	1:54.50	6:42.57 (2)	2:06.26	10:55.89 (2)	2:10.08	15:17.69 (3)	2:10.94	19:41.37 (3)	2:14.08	24:12.88 (4)	2:13.66
		1:52.57		2:02.91		2:07.06		2:11.72		2:12.74		2:17.43	
Clarke, Anika	53.31 (12)		4:48.34 (6)		8:57.38 (4)		13:12.90 (5)		17:44.54 (5)		22:23.01 (5)		26:39.12 (5)
1450 QLD		2:47.86 (9)	2:00.48	6:52.02 (6)	2:05.36	11:04.57 (5)	2:08.33	15:26.17 (5)	2:18.37	20:03.25 (5)	2:19.76	24:38.39 (5)	2:00.73
		1:54.55		2:03.68		2:07.19		2:13.27		2:18.71		2:15.38	
Thomas, Emma	51.88 (3)		4:46.21 (4)		8:57.98 (6)		13:21.10 (6)		17:52.26 (6)		22:32.95 (6)		26:56.66 (6)
1213 NEW SOUTH WALES		2:45.75 (5)	2:00.46	6:51.16 (4)	2:06.82	11:08.70 (6)	2:12.40	15:34.93 (6)	2:17.33	20:11.72 (6)	2:21.23	24:51.94 (6)	2:04.72
		1:53.87		2:04.95		2:10.72		2:13.83		2:19.46		2:18.99	
Nash, Maddison	53.11 (11)		4:53.40 (12)		9:07.82 (9)		13:33.40 (7)		18:03.46 (7)		22:36.71 (7)		27:03.52 (7)
1997 VIC		2:49.35 (12)	2:04.05	6:59.71 (9)	2:08.11	11:19.71 (8)	2:13.69	15:48.73 (7)	2:14.73	20:19.80 (7)	2:16.91	24:53.29 (7)	2:10.23
		1:56.24		2:06.31		2:11.89		2:15.33		2:16.34		2:16.58	
Williams, Lyla	51.73 (2)		4:53.13 (11)		9:19.07 (10)		13:57.93 (9)		18:48.70 (9)		23:29.75 (8)		28:08.79 (8)
1222 NEW SOUTH WALES		2:47.88 (10)	2:05.25	7:03.98 (10)	2:15.09	11:37.51 (10)	2:20.42	16:22.09 (9)	2:26.61	21:10.47 (8)	2:19.28	25:48.95 (8)	2:19.84
		1:56.15		2:10.85		2:18.44		2:24.16		2:21.77		2:19.20	
Norton, Amber	53.03 (10)		4:49.23 (8)		9:04.75 (7)		14:00.11 (10)		18:54.55 (10)		23:43.83 (9)		28:33.73 (9)
1510 QLD		2:48.26 (11)	2:00.97	6:54.43 (7)	2:10.32	11:18.83 (7)	2:41.28	16:32.94 (10)	2:21.61	21:14.85 (10)	2:28.98	26:11.12 (9)	2:22.61
		1:55.23		2:05.20		2:14.08		2:32.83		2:20.30		2:27.29	
Laytham, Tara	52.30 (7)		4:48.41 (7)		9:06.98 (8)		13:47.89 (8)		18:43.50 (8)		23:46.79 (10)		28:43.83 (10)
1154 NEW SOUTH WALES		2:46.64 (7)	2:01.77	6:54.99 (8)	2:11.99	11:24.36 (9)	2:23.53	16:15.95 (8)	2:27.55	21:14.42 (9)	2:32.37	26:17.58 (10)	2:26.25
		1:54.34		2:06.58		2:17.38		2:28.06		2:30.92		2:30.79	
Bergh, Mia	52.79 (9)		4:50.59 (9)		9:44.13 (12)		14:55.33 (12)		19:53.81 (11)		24:49.11 (11)		29:38.82 (11)
1435 QLD		2:47.14 (8)	2:03.45	7:12.02 (11)	2:32.11	12:20.36 (12)	2:34.97	17:26.30 (12)	2:27.51	22:23.14 (11)	2:25.97	27:16.76 (11)	2:22.06
		1:54.35		2:21.43		2:36.23		2:30.97		2:29.33		2:27.65	
Heap, Ashanti	51.94 (4)		4:51.46 (10)		9:38.35 (11)		14:48.12 (11)		20:01.73 (12)		25:12.43 (12)		29:53.01 (12)
1476 QLD		2:45.57 (4)	2:05.89	7:13.45 (12)	2:24.90	12:11.19 (11)	2:36.93	17:25.49 (11)	2:36.24	22:39.22 (12)	2:33.21	27:38.81 (12)	2:14.20
		1:53.63		2:21.99		2:32.84		2:37.37		2:37.49		2:26.38	
Grocott, Julia	1:05.27 (15)		5:55.54 (15)		10:42.37 (15)		15:33.15 (14)		20:32.18 (14)		25:24.15 (14)		30:02.49 (13)
1010 AUSTRALIAN CAPIT		3:31.51 (15)	2:24.03	8:18.63 (15)	2:23.74	13:06.31 (15)	2:26.84	18:05.07 (14)	2:27.11	22:57.20 (14)	2:26.95	27:49.90 (14)	2:12.59
		2:26.24		2:23.09		2:23.94		2:31.92		2:25.02		2:25.75	



Name	200m	1000m	1800m	2600m	3400m	4200m	5000m
	600m	1400m	2200m	3000m	3800m	4600m	
Jugovic, Hana	1:08.47 ⁽¹⁶⁾	5:58.00 ⁽¹⁶⁾ 2:23.14	10:47.75 ⁽¹⁶⁾ 2:25.10	15:33.49 ⁽¹⁵⁾ 2:23.06	20:23.89 ⁽¹³⁾ 2:26.08	25:18.82 ⁽¹³⁾ 2:28.20	30:06.64 ⁽¹⁴⁾ 2:19.81
1019 AUSTRALIAN CAPIT	3:34.86 ⁽¹⁶⁾ 2:26.39	8:22.65 ⁽¹⁶⁾ 2:24.65	13:10.43 ⁽¹⁶⁾ 2:22.68	17:57.81 ⁽¹³⁾ 2:24.32	22:50.62 ⁽¹³⁾ 2:26.73	27:46.83 ⁽¹³⁾ 2:28.01	
Gourlay, Matilda	54.40 ⁽¹³⁾	5:32.55 ⁽¹⁴⁾ 2:24.30	10:32.54 ⁽¹⁴⁾ 2:32.31	15:35.26 ⁽¹⁶⁾ 2:31.85	20:48.96 ⁽¹⁵⁾ 2:37.76	26:08.66 ⁽¹⁵⁾ 2:38.45	31:14.13 ⁽¹⁵⁾ 2:31.08
1702 SA	3:08.25 ⁽¹⁴⁾ 2:13.85	8:00.23 ⁽¹⁴⁾ 2:27.68	13:03.41 ⁽¹⁴⁾ 2:30.87	18:11.20 ⁽¹⁶⁾ 2:35.94	23:30.21 ⁽¹⁵⁾ 2:41.25	28:43.05 ⁽¹⁵⁾ 2:34.39	
Mortimore, Brooke	54.84 ⁽¹⁴⁾	5:12.26 ⁽¹³⁾ 2:15.96	10:12.13 ⁽¹³⁾ 2:33.51	15:29.50 ⁽¹³⁾ 2:39.72	20:51.05 ⁽¹⁶⁾ 2:42.57	26:15.37 ⁽¹⁶⁾ 2:44.40	31:23.46 ⁽¹⁶⁾ 2:27.61
2201 WA	2:56.30 ⁽¹³⁾ 2:01.46	7:38.62 ⁽¹³⁾ 2:26.36	12:49.78 ⁽¹³⁾ 2:37.65	18:08.48 ⁽¹⁵⁾ 2:38.98	23:30.97 ⁽¹⁶⁾ 2:39.92	28:55.85 ⁽¹⁶⁾ 2:40.48	

